



ALLERGENS (23rd April - 24th May 2019)

	Cereals	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery and Celeriac	Mustard	Sesame	Sulphur dioxide and sulphites	Lupin	Molluscs
Onions, diced														
Peas														
Peppers, mixed														
Petit Pois														
Romanesco Mix														
Spaghetti Hoops (Wholemeal) in Tomato Sauce	✓ Wheat													
Swede, diced														
Sweetcorn														
Tomatoes, Roasted														
Vegetables, mixed														

Desserts

Angel Delight							✓							
Blueberry Cup Cake	✓ Wheat		✓											
Cappuccino Cup Cake	✓ Wheat		✓											
Carrot Cake	✓ Wheat		✓											
Cheese, Laughing Cow							✓							



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Flapjack, Raspberry	✓ Wheat/Oats													
Fruit Salad														
Fruit Smoothie														
Fudge Tart	✓ Wheat						✓							
Gingerbread Man (gluten free)			✓											
Ice Cream Cone (Strawberry)	✓ Wheat						✓							
Ice Cream Roll	✓ Wheat		✓				✓							
Ice Cream Tub, assorted							✓							
Iced Bun	✓ Wheat		May			May	May							
Iced Sponge	✓ Wheat		✓			✓	✓							
Juice (served with shortbread etc)														
Melting Moment	✓ Wheat		✓											
Mousse, assorted							✓							
Muffin, seasonal fruit	✓ Wheat		✓											
Pink Sauce							✓							
Rice Pudding Pots							✓							



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Scone with Jam & Cream	✓ Wheat						✓							
Shortbread	✓ Wheat													
Strawberry Cake	✓ Wheat		✓											
Trifle	✓ Wheat		✓				✓							
Victoria Sponge	✓ Wheat		✓											
Yogurt Pots							✓							
Yogurt, Frozen							✓							

