



GIRAFFES CLASS LUNCH WEEK	Top Ten Favourite			Roast			Comfort Food			Halloween Lunch			Basket Meal		
	w/c Mon 28 th Oct			Tuesday			Wednesday			Thursday 31 st October			Friday		
Main Course 1	Sticky Chicken Drummers✓			Mini Sausage & Bacon & Yorkshire Pudding			Southern Fried Chicken			Beef Cottage Pie✓			Hot Dog in a Bun		
Main Course 2 (V)	Margarita Pizza✓			Vegetarian Sausage & Yorkshire Pudding			Macaroni Cheese✓			Soya Mince Cottage Pie			Vegetarian Sausage in a Bun		
Main Course 3										Jumbo Fish Finger					
Starchy Food	Rice Hash Brown Nuggets			Roast Potatoes New Potatoes			New Potatoes Jacket potato			Mashed Potatoes Potato Wedges			Oven Chips		
Dessert 1	Fudge Tart & Chocolate Sauce✓			Jam Roly Poly✓ & Custard			Cornflake Tart✓ & Custard			Spooky Sponge✓ & Custard			Assorted Ice Cream Tub		
Dessert 2	Melting Moment✓			NEW! Orange Viennese Biscuit✓			Iced Bun✓			Halloween Biscuit & Juice✓			Chocolate & Orange Marble Cake✓		
A	Tick Box	In First	In Last	Tick Box	In First	In Last	Tick Box	In First	In Last	Tick Box	In First	In Last	Tick Box	In First	In Last
		Y4	Y3		Y5	Y4		Y6	Y5		Y3	Y6		Y4	Y3

WOMBATS CLASS LUNCH WEEK	Top Ten Favourite			Bonfire Lunch			Comfort Food			Feel Good Thursday			Basket Meal		
	w/c Mon 4 th Nov			Tuesday 5 th November			Wednesday			Thursday			Friday		
Main Course 1	Chicken Nuggets			Chicken Fillet & Yorkshire Pudding			Wistow Sausage Roll✓			Pepperoni Pizza✓			Beef Burger in a Bun		
Main Course 2 (V)	Vegetable Nuggets			Quorn Fillet & Yorkshire Pudding			Cheese Whirl✓			Quiche✓			Quorn Southern Style Burger in a Bun		
Main Course 3	Salmon Finger						Vegetarian Sausage Roll			Fishcake					
Starchy Food	Potato Wedges Dauphinoise Potatoes			Mashed Potatoes New Potatoes			Mashed Potatoes New Potatoes			Potato Smiles New Potatoes			Oven Chips		
Dessert 1	Chocolate Fudge Brownie✓			Iced Sponge Sparkler & Pink Sauce✓			Chocolate Chip Sponge✓ & Custard			Fruit Crunch Pie & Vanilla Sauce✓			Gingerbread Man		
Dessert 2				Meringue Bonfire✓			Fromage Frais & Sponge Finger			Chocolate Chip Cookie			Ice Cream Cone		
B	Tick Box	In First	In Last	Tick Box	In First	In Last	Tick Box	In First	In Last	Tick Box	In First	In Last	Tick Box	In First	In Last
		Y5	Y4		Y6	Y5		Y3	Y6		Y4	Y3		Y5	Y4

IGUANAS CLASS LUNCH WEEK	Top Ten Favourite			Roast			Comfort Food			Feel Good Thursday			Basket Meal		
	w/c Mon 11 th Nov			Tuesday			Wednesday			Thursday			Friday		
Main Course 1	Fish Star			NEW! Roast Beef in Gravy & Yorkshire Pudding			Sausage in BBQ Sauce (optional)✓			Beef Nachos✓			Chicken Fillet in a bun		
Main Course 2 (V)	Soya Mince Bolognaise✓			Quorn Fillet & Yorkshire Pudding			Vegetarian Sausage in BBQ Sauce (optional)✓			Macaroni Cheese✓			Quorn Sub Roll		
Main Course 3	Beef Bolognaise✓						Ploughman's (Grated Cheese, Pickle & Bread Roll)			Bubble Crumb Salmon Fillet					
Starchy Food	New Potatoes Potato Smiles			Mashed Potatoes New Potatoes			Potato Wedges Mashed Potatoes			New Potatoes Herby Diced Potatoes			Oven Chips		
Dessert 1	Fudge Tart & Chocolate Sauce✓			NEW! Sticky Toffee Pudding & Custard✓			NEW! Jam & Coconut Sponge✓ & Custard			Cherry Bakewell✓ & Custard			Cappuccino Cake✓		
Dessert 2	Frozen Yogurt			Scone✓			Shortbread & Juice			Drizzle Cake✓			Assorted Mousse		
C	Tick Box	In First	In Last	Tick Box	In First	In Last	Tick Box	In First	In Last	Tick Box	In First	In Last	Tick Box	In First	In Last
		Y6	Y5		Y3	Y6		Y4	Y3		Y5	Y4		Y6	Y5

GRANDPARENTS LUNCH WEEK ONE	Top Ten Favourite			Roast			Comfort Food			Feel Good Thursday			Basket Meal		
	w/c 18 th Nov			Tuesday			Wednesday			Thursday			Friday		
Main Course 1	Sausages & Gravy (optional)✓			Chicken Fillet & Yorkshire Pudding			Spanish Meatballs in Tomato & Basil Sauce✓			Wistow Sausage Roll✓			Chicken Nuggets		
Main Course 2 (V)	Vegetarian Sausage & Gravy (optional)			Quorn Fillet & Yorkshire Pudding			NEW! Vegetable & Tomato Pasta Bake✓			Vegetarian Sausage Roll✓			Vegetable Nuggets		
Main Course 3	Battered Fish						NEW! Fish Goujons✓								
Starchy Food	Mashed Potatoes Hash Browns			Roast Potatoes New Potatoes			Pasta Duchess Potatoes			Mashed Potatoes Waffles			Oven Wedges		
Dessert 1	Apple Strudel & Custard			Chocolate Sponge & Chocolate Custard✓			Lemon Love Cake✓ & Custard			Chocolate Fudge Brownie✓			Fairy Cake✓		
Dessert 2	Honey & Oat Biscuit✓			Fruit Salad & Shortbread✓			Flapjack✓						Fruit Smoothie		
D	Tick Box	In First	In Last	Tick Box	In First	In Last	Tick Box	In First	In Last	Tick Box	In First	In Last	Tick Box	In First	In Last
		Y3	Y6		Y4	Y3		Y5	Y4		Y6	Y5		Y3	Y6

A selection of salads (e.g. cheese, ham, turkey, tuna pasta, egg), seasonal vegetables & fruit, fresh bread ✓, yogurt, custard and rice pudding pots and jugs of water available daily

Foundation Stage & Key Stage 1: Universal Free School Meals Key Stage 2: £2.50 Adult £4.00

✓ = Freshly Prepared and/or Hand Made at Wistow



GRANDPARENTS LUNCH WEEK TWO	Top Ten Favourite			Roast			Comfort Food			Feel Good Thursday			Basket Meal		
	w/c Mon 25 th Nov			Tuesday			Wednesday			Thursday			Friday		
Main Course 1	Sticky Chicken Drummers✓			Mini Sausage & Bacon & Yorkshire Pudding			Southern Fried Chicken			Beef Cottage Pie ✓			Hot Dog in a Bun		
Main Course 2 (V)	Margarita Pizza✓			Vegetarian Sausage & Yorkshire Pudding			Macaroni Cheese✓			Soya Mince Cottage Pie			Vegetarian Sausage in a Bun		
Main Course 3										Jumbo Fish Finger					
Starchy Food	Rice Hash Brown Nuggets			Roast Potatoes New Potatoes			New Potatoes Jacket potato			Mashed Potatoes Potato Wedges			Oven Chips		
Dessert 1	Fudge Tart & Chocolate Sauce✓			Jam Roly Poly✓ & Custard			Cornflake Tart✓ & Custard			Fruit Crumble✓ & Custard			Assorted Ice Cream Tub		
Dessert 2	Melting Moment✓			NEW! Orange Viennese Biscuit✓			Iced Bun✓			Carrot Cake✓			Chocolate & Orange Marble Cake✓		
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		Y4	Y3		Y5	Y4		Y6	Y5		Y3	Y6		Y4	Y3

MACAWS CLASS LUNCH WEEK	Top Ten Favourite			Roast			Comfort Food			Feel Good Thursday			Basket Meal		
	w/c Mon 2 nd Dec			Tuesday			Wednesday			Thursday			Friday		
Main Course 1	Chicken Nuggets			Chicken Fillet & Yorkshire Pudding			Wistow Sausage Roll✓			Pepperoni Pizza ✓			Beef Burger in a Bun		
Main Course 2 (V)	Vegetable Nuggets			Quorn Fillet & Yorkshire Pudding			Cheese Whirl✓			Quiche✓			Quorn Southern Style Burger in a Bun		
Main Course 3	Salmon Finger						Quorn Roll			Fishcake					
Starchy Food	Potato Wedges Dauphinoise Potatoes			Mashed Potatoes New Potatoes			Mashed Potatoes New Potatoes			Potato Smiles New Potatoes			Oven Chips		
Dessert 1	Chocolate Fudge Brownie✓			Iced Sponge & Pink Sauce✓			Chocolate Chip Sponge✓ & Custard			Fruit Crunch Pie & Vanilla Sauce✓			Gingerbread Man		
Dessert 2				Fruit Salad & Shortbread✓			Fromage Frais & Sponge Finger			Chocolate Chip Cookie			Ice Cream Cone		
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		Y5	Y4		Y6	Y5		Y3	Y6		Y4	Y3		Y5	Y4

	Top Ten Favourite			Roast			Comfort Food			Feel Good Thursday			Basket Meal		
	w/c Mon 9 th Dec			Tuesday			Wednesday			Thursday			Friday		
Main Course 1	Fish Star			NEW! Roast Beef in Gravy & Yorkshire Pudding			Sausage in BBQ Sauce (optional)✓			Beef Nachos ✓			Chicken Fillet in a bun		
Main Course 2 (V)	Soya Mince Bolognese✓			Quorn Fillet & Yorkshire Pudding			Vegetarian Sausage in BBQ Sauce (optional)✓			Macaroni Cheese✓			Quorn Sub Roll		
Main Course 3	Beef Bolognese✓						Ploughman's (Grated Cheese, Pickle & Bread Roll)			Bubble Crumb Salmon Fillet					
Starchy Food	New Potatoes Potato Smiles			Mashed Potatoes New Potatoes			Potato Wedges Mashed Potatoes			New Potatoes Herby Diced Potatoes			Oven Chips		
Dessert 1	Fudge Tart & Chocolate Sauce✓			NEW! Sticky Toffee Pudding & Custard✓			NEW! Jam & Coconut Sponge✓ & Custard			Cherry Bakewell ✓ & Custard			Cappuccino Cake✓		
Dessert 2	Frozen Yogurt			Scone✓			Shortbread & Juice			Drizzle Cake✓			Assorted Mousse		
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		Y6	Y5		Y3	Y6		Y4	Y3		Y5	Y4		Y6	Y5

	Top Ten Favourite			Christmas Lunch			Comfort Food		
	w/c 16 th Dec			Tuesday 17 th December			Wednesday		
Main Course 1	Sausages & Gravy (optional) ✓			Chicken Fillet in Gravy & Optional Trimmings (Sausage wrapped in Bacon & Stuffing Ball) ✓			Spanish Meatballs in Tomato & Basil Sauce✓		
Main Course 2 (V)	Vegetarian Sausage & Gravy (optional)			Quorn Fillet in Vegetarian Gravy & Optional Trimmings (Stuffing Ball)			NEW! Vegetable & Tomato Pasta Bake✓		
Main Course 3	Battered Fish						NEW! Fish Goujons✓✓		
Starchy Food	Mashed Potatoes Hash Browns			Roast Potatoes Mashed Potatoes			Pasta Duchess Potatoes		
Dessert 1	Apple Strudel & Custard			Meringue Snowman & Cream✓			Lemon Love Cake✓ & Custard		
Dessert 2	Honey & Oat Biscuit✓			Christmas Chocolate Krispie Cake✓			Flapjack✓		
				Shortbread Star Biscuit✓					
				Christmas Pudding & Custard✓					
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		Y3	Y6		Y4	Y3		Y5	Y4

A selection of salads (e.g. cheese, ham, turkey, tuna pasta, egg), seasonal vegetables & fruit, fresh bread ✓, yogurt, custard and rice pudding pots and jugs of water available daily

Foundation Stage & Key Stage 1: Universal Free School Meals Key Stage 2: £2.50 Adult £4.00

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