

Virtual Super Sport Camp

This half term, we will be teaming up alongside AMOR Fitness to provide boys and girls with a fun filled **free** week of half term activities.

Looking ahead to the summer of 2021, we will be launching our brand-new Super Sport Camps which will involve a variety of activities such as Dance, Singing & Drama, Fitness fun and our usual football and multisport delivery.

To get an early taste of what's going to be delivered we would like to invite our children and young people to attend our Virtual Super Sports Camp this February half term.

Boys and Girls from the ages of 4-16, can participate in the following activities for free.

Football – Ages 7-14 Boys and Girls sessions: expertly set up by our qualified staff to bring you a fun football training session you can follow from your screen.

Goalkeeping – Ages 7-14 Boys and Girls: Catch, throw and dive your way through the week with our keeper coaches.

Canary and Mini Kickers – Ages 4-6 Boys & Girls: Join us for some themed football fun & games to put smiles on faces.

Dance – Ages 4-16 Boys & Girls: Pop, drop and lock their way through a variation of dance routines.

Singing & Drama – Ages 4–16 Boys & Girls: Get the chance to act and sing the day away with us and express themselves this week.

Fitness Fun – Ages 4–16 Boys & Girls, but Mums and Dads, and anyone else in the household is encouraged to get moving, support your child and get a fun filled fitness session. This can be part of your steps or 30 minutes of exercise for the day.

Wellbeing, health and positivity is key right now, so we have this all for your superstars, whilst also giving you a little taste of what the Norwich City FC RDP and AMOR will be bringing to your regions.

Details of our Half Term SUPER SPORT CAMP are below;

When: Monday 15th February 2021 until Friday 19th February 2021

Times: 10:00am – 2:00pm

Sign Up: Please book on the sessions you would like to attend throughout the week, but ensure you read carefully the sessions and age groups. The sessions will be capped at 100 places, and 24 hours prior to the start of that session the booking page will close.

Below is the timetable and how to book your place.

Monday 15th	Tuesday 16th	Wednesday 17th	Thursday 18th	Friday 19th
Dance	Fitness	Drama & Singing	Dance	Fitness
10:00 – 10:45 (4-8yrs) Dance Session 10am-10.45am (jotformeui.com)	13:00 – 13:30 (4-8yrs) Fitness Fun Session 1- 1.30pm (jotformeui.com)	10:00 – 10:45 (4-8yrs) Drama & Singing Session 10am-10.45am (jotformeui.com)	10 – 10:45 (4-8yrs) Dance Session 10am-10.45am (jotformeui.com)	10:00 – 10:30 (4-8yrs) Fitness Fun Session 10am- 10.30am (jotformeui.com)
11:00 – 11:45 (9-16yrs) Dance Session 11am-11.45am (jotformeui.com)	13:45 – 14:15 (9-16yrs) Fitness Fun Session 1.45- 2.15pm (jotformeui.com)	11:00 – 11:45 (9-16yrs) Drama & Singing Session 10am-10.45am (jotformeui.com)	11 – 11:45 (9-16yrs) Dance Session 11am-11.45am (jotformeui.com)	10:45 – 11:15 (9-16yrs) Fitness Fun Session 10.45am- 11.15am (jotformeui.com)
Football	Football	Football	Football	Football
13:00 – 14:00 Girls Football (7-14yrs) Girls Football Session 1pm- 2pm (jotformeui.com) Boys Football (7-14yrs) Boys Football Session 1pm- 2pm (jotformeui.com)	10:00 – 11:00 Goalkeeping (7-14yrs) Goalkeeping Session 10am- 11am (jotformeui.com) Canary & Mini Kickers (4-6yrs) Canary & Mini Kickers Session 10am-11am (jotformeui.com)	13:00 – 14:00 Girls Football (7-14yrs) Girls Football Session 1pm- 2pm (jotformeui.com) Boys Football (7-14yrs) Boys Football Session 1pm- 2pm (jotformeui.com)	13:00 – 14:00 Goalkeeping (7-14yrs) Goalkeeping Session 1pm- 2pm (jotformeui.com) Canary & Mini Kickers (4-6yrs) Canary and Mini Kickers Session 1pm-2pm (jotformeui.com)	13:00 – 14:00 Girls Football (7-14yrs) Girls Football Session 1pm- 2pm (jotformeui.com) Boys Football (7-14yrs) Boys Football Session 1pm- 2pm (jotformeui.com)