



PSHE Activities



For the PSHE lessons, you will be using Oak Academy resources. Please follow the link to each individual lesson. You will need a pencil and a piece of paper for the tasks in each lesson. Please upload a photo of your work to Dojo.

Day	Activity	Link
1	Feeling good	https://classroom.thenational.academy/lessons/feeling-good-6hj64d
2	Cool down corner	https://classroom.thenational.academy/lessons/cool-down-corner-6hjkae
3	Turn things around	https://classroom.thenational.academy/lessons/turn-things-around-60u3ar
4	Don't worry about a thing	https://classroom.thenational.academy/lessons/dont-worry-about-a-thing-68u32d
5	Keep calm and carry on	https://classroom.thenational.academy/lessons/keep-calm-and-carry-on-6cu34c