

Orton Wistow Primary School – Curriculum Plan

Subject : PE

Year : Year 2

Athletics



Vocabulary

Knowledge

Understanding

Skills

What children will know

What children will understand

What children will be able to do

Define the word and include etymology if useful.

Learning

Teaching

Assessment

Learning

Teaching

Assessment

Learning

Teaching

Assessment

Remembering

Telling

Testing

Practising

Coaching

Observing

Reflecting

Facilitating

Evaluating

Challenge

Running

Landing

Coordination

Balance

Teamwork

Relay

Target

Speed

Aim

Movement

Children will know the variety of correct running techniques.

Children will know how to develop the distance running technique and the difference between sprinting and running over longer distances.

Children will know to evaluate and improve own performance.

Children will understand how to develop the underarm and pull throw technique.

Children will understand how to explore and practice a variety of athletic movements and apply athletic skills.

Children will understand how to develop coordination and balance whilst exploring different running, jumping and throwing techniques. .

Children will understand how to show control, coordination and consistency when running at speed.

Children will understand how to develop a range of jumping techniques.

Children will be able to run with control.

Children will be able control their body and equipment when throwing.

Children will be able to run with correct arm technique.

Children will be able to run and jump on the balls of their feet.

Children will be able to show a correct pull throw technique.

Children will be to compete against themselves.

Orton Wistow Primary School – Curriculum Plan

Subject : PE

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Basketball

Vocabulary

Define the word and include etymology if useful.

Aim
Catch
Close
Control
Pass
Teamwork
Accuracy
Rules
Score
Space


Knowledge

What children will know

Learning	Teaching	Assessment
Remembering	Telling	Testing

Children will know to react to situations to make it difficult for opponents - using simple tactics e.g. move to defend a goal.

Children will know how to prepare safely and carefully for exercise e.g. warming up/down.

Children will know how to describe changes to their heart rate when playing a game.


Understanding

What children will understand

Learning	Teaching	Assessment
Practising	Coaching	Observing

Children will understand how to throw and catch a ball with increasing control, and throw the ball in different ways e.g. fast, slow, high, low (mastering basic throwing techniques)

Children will understand how to perform a range of actions with the ball keeping it under control.

Children will understand how have an awareness of others when playing games.


Skills

What children will be able to do

Learning	Teaching	Assessment
Reflecting	Facilitating	Evaluating

Children will be able to move with the ball.

Children will be able to move with a ball under control.

Children will be able to throw high, low, fast and slow.

Children will be able catch with some control.

Children will be able to move towards a goal to defend it.

Children will be able to compete against others trying to score.



Orton Wistow Primary School – Curriculum Plan

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Cricket

Vocabulary
Knowledge
 What children will know

Understanding
 What children will understand

Skills
 What children will be able to do

Define the word and include etymology if useful.

Learning	Teaching	Assessment
Remembering	Telling	Testing

Learning	Teaching	Assessment
Practising	Coaching	Observing

Learning	Teaching	Assessment
Reflecting	Facilitating	Evaluating

Batting
 Fielding
 Striking
 Long Barrier
 Wickets
 Fielder
 Catching
 Ball
 Grip
 Aim
 Underarm

Children will know how to react to situations in ways that make it difficult for opponents, applying simple tactics like hitting the ball into space to help score more points.
 Children will know the importance of preparing safely for exercise - warming up.
 Children will know what is successful.

Children will understand how to show good awareness of others when playing games.
 Children will understand fundamental movement skills, becoming increasingly confident and competent.
 Children will understand how to perform a range of actions with control including catching, gathering and hitting a ball with increasing accuracy.
 Children will understand how to throw/hit a ball in different ways e.g. high, low, fast and slow.

Children will be able to move confidently.
 Children will be able to use an underarm throwing technique.
 Children will be able to choose simple tactics in game.
 Children will be able to move into space.
 Children will be able to strike a ball into space.
 Children will be able to compete with others.



Orton Wistow Primary School – Curriculum Plan

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Year : Year 2

Dance


Vocabulary

Define the word and include etymology if useful.

Beat
Count
Create
Character
Performance
Movement
Imagination
Expression
Actions
Levels


Knowledge

What children will know

Learning	Teaching	Assessment
Remembering	Telling	Testing

Children will know how to describe phrases and expressive quantities.
Children will know the importance of warming up.
Children will know how to describe a performance accurately and recognise what is successful.


Understanding

What children will understand

Learning	Teaching	Assessment
Practising	Coaching	Observing

Children will understand how to perform a range of actions and simple movement patterns with control and coordination.
Children will understand how to compose short dances that express and communicate mood, ideas and feelings, varying simple compositional ideas.
Children will understand how to explore, remember and repeat short dance phrases, showing greater control and spatial awareness.
Children will understand how to work individually and with others.


Skills

What children will be able to do

Learning	Teaching	Assessment
Reflecting	Facilitating	Evaluating

Children will be able to move in different ways.
Children will be able to move to music showing expressive qualities of dance..
Children will be able to repeat dance phrases with greater control.
Children will be able to be creative and compose short dances.
Children will be able to describe a performance accurately.
Children will be able to perform with control and coordination.



Orton Wistow Primary School – Curriculum Plan

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Dodgeball

Vocabulary

Define the word and include etymology if useful.

Dodge
Throw
Catch
Bounce
Speed
Teamwork
React
Pass
Reaction Time
Control
Underarm
Aiming


Knowledge
What children will know

Learning	Teaching	Assessment
Remembering	Telling	Testing

Children will know the importance of preparing safely for exercise - warming up.

Children will know how to describe what they have done, or seen others doing.


Understanding
What children will understand

Learning	Teaching	Assessment
Practising	Coaching	Observing

Children will understand how to develop movement skills relevant to games i.e. dodging.

Children will understand how to develop catching and striking skills.

Children will understand how to pass/send a ball, with increasing control, at different speeds - fast/slow.

Children will understand how to engage in competitive physical games, using simple tactics.

Children will understand how to use problem solving and decision making strategies.


Skills
What children will be able to do

Learning	Teaching	Assessment
Reflecting	Facilitating	Evaluating

Children will be able to move in different ways, changing speed and direction.

Children will be able to increase accuracy when throwing using underarm and overarm techniques.

Children will be able to move quickly.

Children will be able to send a ball at different speeds.

Children will be able to catch a ball.

Children will be able to compete in games.



Orton Wistow Primary School – Curriculum Plan

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Football

Vocabulary
Knowledge

What children will know

Understanding

What children will understand

Skills

What children will be able to do

Define the word and include etymology if useful.
Learning
Teaching
Assessment
Learning
Teaching
Assessment
Learning
Teaching
Assessment

Remembering

Telling

Testing

Practising

Coaching

Observing

Reflecting

Facilitating

Evaluating

Control

Turn

Defend

Attack

Dribble

Space

Passing

Shooting

Teamwork

Speed

Movement

Children will know what is successful. Use actions and ideas they have seen to improve their own skills.

Children will know that the heart rate changes when playing games.

Children will understand how to participate in team games - showing good awareness of others.

Children will understand how to pass a ball with control.

Children will understand how to show control when moving, changing speed, direction, both with and without the ball.

Children will understand fundamental movement skills, becoming increasingly confident and competent.

Children will understand how to perform a variety of skills keeping the ball under control.

Children will be able to move into space showing awareness of others.

Children will be able to move with control.

Children will be able to pass/receive a ball with control.

Children will be able to dribble a ball with feet.

Children will be able to move towards a goal to defend it.

Children will be able to compete against others trying to score.



Orton Wistow Primary School – Curriculum Plan

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Gymnastics



Vocabulary

Knowledge
What children will know

Understanding
What children will understand

Skills
What children will be able to do

Define the word and include etymology if useful.

Learning	Teaching	Assessment
Remembering	Telling	Testing

Learning	Teaching	Assessment
Practising	Coaching	Observing

Learning	Teaching	Assessment
Reflecting	Facilitating	Evaluating

Balance
Explore
Tense
Arch
Sequence
Straight
Linking
Travelling
Routine
Key Shape
Individual

Children will know how to watch and describe performances accurately.

Children will know how to describe changes to their heart rate when playing a game.

Children will understand how to perform a range of actions with control and confidence.

Children will understand how to explore, remember and repeat a range of gymnastic actions with control, precision and coordination.

Children will understand how to form simple sequences of different actions, using the floor and a variety of apparatus.

Children will understand how to develop fundamental movement skills, combining travelling, balancing and stiffness using both floor and apparatus; moving smoothly from one position of stiffness to another.

Children will understand how to show agility, balance and coordination.

Children will be able to remember and perform 5 key shapes.

Children will be able to move smoothly with control.

Children will be able to perform basic gymnastic actions such as balancing and jumping.

Children will be able to link movements and shapes.

Children will be able to use different pieces of equipment and apparatus.

Children will be able to form simple sequences.



Orton Wistow Primary School – Curriculum Plan

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Netball



Vocabulary

Knowledge
What children will know

Understanding
What children will understand

Skills
What children will be able to do

Define the word and include etymology if useful.

Learning	Teaching	Assessment
Remembering	Telling	Testing

Learning	Teaching	Assessment
Practising	Coaching	Observing

Learning	Teaching	Assessment
Reflecting	Facilitating	Evaluating

Aim

Balance

Throw

Ball Control

Accuracy

Roll

Pass

Space

Ready

Catch

Team

Explore

Children will know the importance of preparing safely and carefully for exercise - warming up/down.

Children will know to copy actions and ideas and use the information to improve their skills.

Children will understand how to throw and catch the ball with control and throw the ball in different ways.

Children will understand how to perform a range of actions with the ball keeping it under control.

Children will understand to react to situations to make it difficult for opponents - using simple tactics.

Children will understand how to show good awareness of others when playing games.

Children will be able to copy actions and ideas.

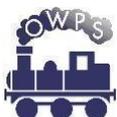
Children will be able to control a ball whilst moving.

Children will be able to throw and catch a ball with control.

Children will be able to throw a ball at different speeds.

Children will be able to playing in games against others.

Children will be able to find ways to win games.



Orton Wistow Primary School – Curriculum Plan

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Orienteering



Vocabulary

Knowledge
What children will know

Understanding
What children will understand

Skills
What children will be able to do

Define the word and include etymology if useful.

Learning	Teaching	Assessment
Remembering	Telling	Testing

Learning	Teaching	Assessment
Practising	Coaching	Observing

Learning	Teaching	Assessment
Reflecting	Facilitating	Evaluating

Teamwork
Together
Compass
Map
Route
Directions
Safety
Orienteering
Problem Solving
Challenge

Children will know how to begin solving problems with others.

Children will know what a compass is used for and be able to use the direction points.

Children will know the safety rules and procedures for taking part in orienteering events.

Children will understand how to read a map, being able to use some basic features on a map to select and plan a route.

Children will understand how to work well in big groups, sharing, taking turns and cooperating with others.

Children will understand the competitive side of orienteering and take part in a picture orienteering event.

Children will understand how to meet challenges effectively as part of a team.

Children will be able to move in different ways.

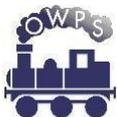
Children will be able to work with others and independently.

Children will be able to use a simple map.

Children will be able to understand competition.

Children will be able to problem solve on their own and with others.

Children will be able to participate in orienteering events.



Orton Wistow Primary School – Curriculum Plan

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Rounders



Vocabulary

Knowledge
What children will know

Understanding
What children will understand

Skills
What children will be able to do

Define the word and include etymology if useful.

Learning	Teaching	Assessment
Remembering	Telling	Testing

Learning	Teaching	Assessment
Practising	Coaching	Observing

Learning	Teaching	Assessment
Reflecting	Facilitating	Evaluating

Throwing
Fielding
Backstop
Bowler
Batting
Catch
Control
Direction
Competition
Technique

Children will know how to react to situations in ways that make it difficult for opponents, applying simple tactics like hitting the ball into space.

Children will know the important of preparing safely for exercise - warming up.

Children will know what is successful.

Children will understand how to show good awareness of others when playing games.

Children will understand the fundamental movement skills, becoming increasingly confident and competent.

Children will understand how to perform a range of actions with control including catching, gathering and hitting a ball with increasing accuracy.

Children will understand how to throw/hit a ball in different ways.

Children will be able to move confidently.

Children will be able to use an underarm throwing technique

Children will be able to choose simple tactics in game.

Children will be able to move into space.

Children will be able to strike a ball into space.

Children will be able to compete with others.



Orton Wistow Primary School – Curriculum Plan

Subject : PE

Year : Year 2

Tag Rugby



Vocabulary

Knowledge
What children will know

Understanding
What children will understand

Skills
What children will be able to do

Define the word and include etymology if useful.

Learning	Teaching	Assessment
Remembering	Telling	Testing

Learning	Teaching	Assessment
Practising	Coaching	Observing

Learning	Teaching	Assessment
Reflecting	Facilitating	Evaluating

Catch
Attack
Defend
Tag
Try
Target
Pass
Belts
Dodge
Space

Children will know the correct technique of passing a ball.

Children will know what tag rugby is and participate in small games.

Children will know how to use simple tactics in game situations.

Children will understand how to develop control and accuracy when throwing and catching a rugby ball.

Children will understand how to successfully defeat a defender.

Children will understand how to begin tagging players in game situations.

Children will be able to hold and move with a rugby ball.

Children will be able to pass the ball pointing the nose of the ball.

Children will be able to pass accurately to a partner.

Children will be able to defend by tagging.

Children will be able to get past a defender.

Children will be able to try to score goals by getting past opponents.



