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Special Education Needs and Disability in Peterborough

SEND Update



July 2023

Hi there,

I'm really pleased to be joining Peterborough at a time of significant change for the Council. Peterborough is creating its own identity for its Council services, following a long period of shared arrangements with Cambridgeshire. I'll be with Peterborough until a permanent appointment is made to the Service Director for Education role, which had been covered by Jon Lewis across Peterborough and Cambridgeshire. Jon will be carrying out this role for Cambridgeshire from 3 July 2023.



I'm really looking forward to working with Peterborough colleagues, including Emma Harkin who is so enthusiastic about special educational needs or disabilities, working with and for children, their families and carers and the schools, settings and services that educate and support them. There's a lot going on and I'm impressed by the dedication and drive of everyone I have met so far.

Best wishes

Chris

Peterborough SEN and Inclusion Services (SENI) brochure - 2023



The [Peterborough SEN and Inclusion Services brochure](#) for this Academic year has been update. This is a guide to our services with information and FAQs on each service as well as structure charts for the whole service, which have been updated for this academic year.

If you have a query regarding the service, you will most likely find it on this brochure ranging from contact details to service information. This is always updated and so you can also find a copy of this on the [SEND Information Hub \(Local Offer\)](#).

Please note – the first page is a structure chart for each service and the following pages go into detail about roles / responsibilities and what the service does.

SEND Information Advice Support Service (SENIDIASS) – Team update

SEND Information, Advice and Support Service is moving to sit within the school improvement team to ensure all our young people get the best possible education throughout our region.

Our focus is 'collaborative working' and as an impartial service, we are working hard to bring together all services, schools and provisions that are required to fully support young people with additional needs. In recognition of the importance of collaborative working, we have recently recruited a new Health Advisor to work closely with our Health colleagues to offer guidance to families who are currently seeking support from the health services.



Feedback on the quality of support we have offered is overwhelmingly positive, and so far this year, we have advised and guided 300 families and young people through their difficult educational journeys.

We are sad to report that Bob Wilson, Manager of SENDIASS, is retiring on 21st June 2023. We would like to thank him for his dedication to the service and wish him a very happy and relaxing retirement. Angela Buxton is confirmed as Interim Manager and will continue to lead the team and ensure that young people and their families receive the best support they can.

For further information, please visit the [SEND Information Hub](#).

What is an Annual Health Check?

Annual health checks are for people with a learning disability who are over 14 years old. They are done by your doctor or nurse once a year.

You don't need to be ill to get a health check, but you can ask your doctor or nurse about anything that is hurting or worrying you.

Who can have an Annual Health Check?

Anyone aged 14 years or over, who is on their doctors learning disability register can have a FREE annual health check once a year

Your child can go onto the register if you feel they have a learning disability need.

How to get an appointment?

Adults and young people aged 14 or over, who are on the doctors practice learning disability register should be invited by their doctor to come for an annual health check.

If you are on the disability register and you have not received a letter from your doctor You or you parent/carer can contact the doctor to check

What happens at your Annual Health Check?

Your doctor will talk to you about your health. They will complete a physical examination by taking a height and weight check and listening to your heart. They may ask you to pee in a small pot for them to check your urine or ask you to have a blood test. Your doctor will talk to you about staying well and if you need any help.

Remember you can ask your doctor questions about your health and tell them how you are feeling.

More information is available online at:

[MenCap - Learning Disability Register](#)

[Mencap - Annual Health Checks](#)

[NHS - Learning Disabilities - Annual Health Checks](#)

Speech and Language Therapy Toolkit



The Speech and Language Therapy team have created a toolkit of advice leaflets and resources on their website for all areas of [Speech, Language and Communication.](#)

Activities, clubs and support for disabled children

Please visit our new page on the SEND information Hub about [activities and support for disabled children](#).

We will be adding another section to this page about other activities, clubs or things to get involved in that are for children with disabilities or that they might be interested in. If there are things you think could be included please let us know by emailing siobhan.macbean@cambridgeshire.gov.uk and watch this space!

Peterborough Parenting Courses

Webster Stratton Incredible Years is aimed at parents of children aged 5-11, including those with neurodevelopmental disorders such as ADHD and Autism. This course strengthens parent-child interactions and attachment, reduces harsh discipline and fosters your ability to promote your child's social, emotional and academic development.

Duration: 10 x 2 hour sessions (weekly)

Delivery: Group/Face-to-Face

Triple P Teens is aimed at parents of teenagers up to 16 who are interested in learning about parenting skills, promoting your teenagers development and potential, those who are concerned about their teenager's behaviour or those who wish to take steps to prevent behavioural problems from developing. This course focuses on factors influencing adolescent behaviour, setting specific goals, and using strategies to promote your teenager's skill development, managing their behaviour and teach them self-regulation. You can also learn how to plan around risk taking behaviour and risky situations. Parents who have completed lower level interventions and haven't achieved the goals they want may benefit from this intervention.

Duration: 6 x 2 hour sessions (weekly)

Delivery: Group/Face-to-Face

Stepping Stones is aimed at parents of children up to 12 years with additional needs (e.g. intellectual disability, autism spectrum disorders, cerebral palsy) who have concerns about their child's moderate to severe behavioural problems. This course provides you with support in managing your child's behaviour across various settings (e.g. disobedience, fighting and aggression, temper tantrums etc). The focus is on understanding the function of problem behaviour and teaching your child skills that can be used to replace misbehaviour.

Duration: 9 x 2 hour sessions (weekly)

Delivery: Blended - Face-to-Face and Telephone

Triple P (5-11) years online is aimed at parents of children between 5-11 years. The programme introduces parents to simple strategies to encourage positive behaviour, prevent and manage misbehaviour and how to apply these principles to specific situations, and includes strategies for partner support and coping with stress. It is a video-enriched programme aims for a balance of simplicity and interactivity to promote parental engagement that parents complete independently in their own time, from a computer, tablet or smartphone.

Duration: 8 x 1 hour (approx) modules

Delivery: Online

Teen Triple P online is aimed at parents of teens up to 16 years. The programme provides a toolbox of strategies that help encourage positive behaviour, prevent and manage misbehaviour and teaches parents how to apply these principles to specific situations to re-enforce learnings. It is a video-enriched programme aims for a balance of simplicity and interactivity to promote parental engagement that parents complete independently in their own time, from a computer, tablet or smartphone.

Duration: 6 x 1 hour (approx) modules

Delivery: Online

[Register your interest for a parenting course here](#)

Peterborough Short Breaks Service Statement and SEND Information Hub Page

The Peterborough Short Breaks Service Statement has been updated, alongside Family Voice, to reflect the current Short Breaks Offer.

This document provides an overview of the range of activities and support (known as Short Breaks) for disabled children and young people offered by Peterborough City Council. The Short Breaks page on the SEND Information Hub has also been updated to clearly present the services offered. More information is available online at:

- [SEND Information Hub - Activities and Support for Disabled Children \(Short Breaks\)](#)
- [Short Breaks Service Statement](#)
- [Short Breaks Service Statement \(accessible version\)](#)

Congratulations to Natalia - National Literacy Trust Competition

We are all proud of Natalia, at Thomas Deacon Academy, who came second in the National Literacy Trust competition in association with Wicked Writers. Pupils wrote under the title of 'Be the Change'. She chose to write about the importance of sign language to her and the need for more people to learn it. Her teaching assistant, Miss Emma Small, who interprets the lessons into BSL for her, said, 'The biggest transitional moment for Natalia, I think, was stepping into Nova [Primary Academy] for the first time at the 'Teddy Bears' Picnic' and seeing all the children and parents signing. If only I could have captured her face in that moment and bottled that feeling!'



Natalia won books for the school and a trip for her whole class to go to London to see 'Wicked the Musical'. Natalia said that she feels so proud of herself for winning the competition. Her first question to Miss Small, when she was told about the trip to London was, "Will there be an interpreter?" Miss Small was thrilled to be able to confirm that there would be.

She is also excited that she has received so much online support from the deaf community over her BSL video translation of her piece of writing, which includes the CEO of the British Deaf Association, who commented on how beautiful it was. She said she feels famous!

Natalia is happy that her friends at school are learning to sign, and she takes great joy in awarding them with a lanyard once they are able to sign the alphabet, numbers 1-100 and to be able to hold a basic conversation about their favourite colours and animals. Through her experiences and successes, she is now inspired to keep advocating for people to learn sign and wants to post more videos and engage with the world, spreading awareness. She hopes one day, to become a BSL teacher or a mentor for deaf children.

Well done, Natalia!

Vivacity SEND Activities and Inclusive Leisure



SEND out of school hours sessions

Vivacity runs term-time sessions and holiday clubs for children and young people aged 7-19 with special educational needs or disabilities (SEND), providing opportunities to spend time with their peers. We feel it is important for children and young adults to come together to be social, engage in activities and support each other. We understand that a lot of children and young adults with SEND can often feel isolated in other mainstream environments, but at Vivacity sessions they can develop social skills, make their own choices on activities they'd like to do and make friends.

For more information, please visit www.vivacity.org/shortbreaks

Inclusive Leisure

Our programme engages and works with young people and adults with disabilities to increase their participation in physical activity.

Vivacity's exercise services for children and young adults with disabilities focuses on more than just delivering great sporting opportunities, we aim to develop both physical, mental and social skills in all of our sessions. Participants can expect solid support from our experienced friendly staff who help to ensure they benefit from fun, friendships and fitness. Our inclusive disability sports programme aims to build confidence, strength and long term life skills.

For more information please visit www.vivacity.org/inclusiveleisure

Family Voice Peterborough Events

1 July 2023

Litter Pick - 11.30am to 1.30pm - Goldhay Centre

Bretton Festival - stall - 10am to 6pm - Bretton

3 July

Centre Action Day - 9am to 5pm - Golday Centre

6 July

SHCF face to face session - 4.30pm to 6pm - Goldhay Centre

10 July

Awareness sessions on: Wills, Lasting Powers of Attorney, Discretionary Trusts, Trusts and Court of Protection - 10am to 11am - Zoom

12 July

Emotion Coaching - 10am to 12pm - Conference Room, Sand Martin House

13 July

EPS parent/carer Hub sessions - 10 to 10.45am and 10.45 to 11.30am - Microsoft Teams

19 July

Parent/ carer Coffee and signposting - 12.30pm to 2pm - Argo Lounge

25 July

Chessington coach trip - 8am to 5pm

3 August

SHCF face to face session - 4.30pm to 6pm - Goldhay Centre



5 August

Litter pick - 11am to 1.30pm - Goldhay Centre

10 August

Skegness coach trip - 9am to 5pm

16 August

Parent/ Carer coffee and signposting - 12.30pm to 2pm - Argo Lounge

For more information, please visit the [Family Voice website](#) or contact 01733 685510.

Little Miracles Summer Events



July 2023

24 - Carnival Day

25 - Willow Construction with Cary

26 - Kickstart the Summer Inflatable Football Darts

27 - Animal Safari Themed Day

28 - Out Of This World Space Day

31 - Party in The USA

August 2023

1 - T-Shirt Printing With Ricki

2 - Sports Day – Archery and Boccia

3 - Circus Day – Circus Skills and show

4 - Glo Golf

8 - WildWood Cinema

9 - Family Fun Day – Inflatables, stall and fun!

10 - Mythical Day

11 - Visit to the Raptor Foundation

14 - Mexican Celebrations Ariba!

15 - Day of The Dragon – Chinese Culture Day

16 - Jazzercise Danceathon Event

17 - Ahoy Matey – Pirates Day Water Slide Fun

18 - Hunstanton Day Trip

21 - Caribbean Day – Steel Drums

22 - Flatland Alpacas

23 - Flatland Alpacas

24 - Lets Get Crafty

29 - Animal Encounter Day

31 - Picnic in the Park

September 2023

1 - Thorpe Park

For more information, please visit the [Little Miracles website](#) or contact 01733 262226.

Peterborough SEND Information Hub

The SEND Information Hub is Peterborough's central source of information for SEND services and support.

Visit www.peterborough.gov.uk/localoffer

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Peterborough SEND Information Hub (Local Offer)

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