

## Subject: PE

Orton Wistow's physical education curriculum will inspire all pupils to succeed and excel in competitive sport and other physically demanding activities. We provide opportunities for pupils to become physically confident in a way which supports their health and fitness and provide opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

The core curriculum will cover invasion games, dance, gymnastics and swimming. All children will be assessed and supported to be able to swim at least 25m unaided.

Children will be encouraged to join school sport's clubs and signposted to clubs outside of school. The school enriches the PE curriculum through inviting in specialist coaches for example: fencing, taekwondo, basketball and boxing, so that all children can find a sport to excel in that suits their skills and temperament. Fitness tests and pupil questionnaires are used to assess the impact of the PE Premium money for schools.

Through PE lessons pupils will develop competence to excel in a broad range of physical activities; be physically active for sustained periods of time; engage in competitive sports and activities and promote children to lead healthy, active lives

This begins in foundation stage where children focus on controlled movement and balance, which are the keystone for all sport.

In KS1, children develop fundamental movement skills, and are encouraged to become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others.

They are taught to master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities. They also participate in team games, developing simple tactics for attacking and defending and perform dances using simple movement patterns

Further on in the school pupils continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They will be taught to communicate, collaborate and compete with each other. They learn to evaluate and recognise their own success.

The KS2 curriculum covers running, jumping, throwing and catching in isolation and in combination. The playing of competitive games, [such as: badminton, basketball, cricket, football, hockey, netball, rounders and tennis] and swimming.